

OASIS Parent Training

Kansas Center for Autism Research & Training (K-CART)
University of Kansas Medical Center

The OASIS Parent Training Program strives to empower families with the knowledge and skills to better help your child with an autism to learn and grow. We provide

- Information about best practice and evidence-based approaches to use with your child
- Instruction and support on how to promote independence, gain compliance, and teach your child appropriate replacement skills for problem behaviors
- Strategies to advance your child's social and academic skills, encourage generalization of new skills, and maintain learned skills
- Techniques on developing effective methods of interacting and playing with your child
- Help with accessing services available to your child at local and state levels

The OASIS parent training program is 12-24 weeks long. During the program, you will complete 8 web-based and in-person/telehealth informational modules where you

Learn to apply evidence-based skills with your child

Receive guidance from a trained clinician

What are the informational modules, and how do I access them?

- These modules contain information related to teaching and caring for a child with an ASD, particularly those with disruptive behavior
- You can access the modules at home, a library, or other location with internet access
- You will complete online forms that help the provider to tailor your weekly therapy sessions to fit your family's needs

What to expect during the weekly in-person/telehealth sessions?

The OASIS provider will

- review the online information and discuss any questions you have
- discuss suggestions for activities to do with your child during the session
- provide support and immediate feedback as you learn new skills to help your child

For more information, please contact the Kansas Center for Autism Research and Training at 913-945-6602 or email oasis@kumc.edu